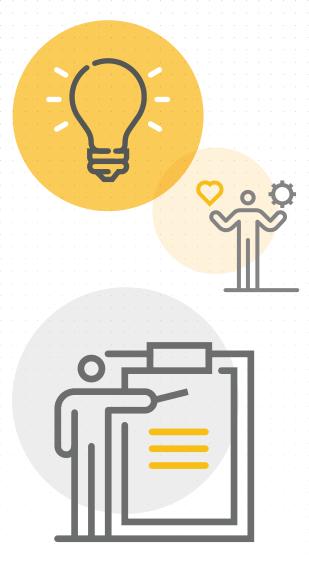
# Innovation and Evaluation in the NHS

A proposition for change and an offer of support





Why are we working on this?



# Why innovation and evaluation matters...

The challenges facing health and care services are well documented. So too is the centrality of innovation in addressing them. We need new ways of doing things and new things to use: more of the same is not an option.

So we must encourage innovation. This means many things. Not least it means nurturing an enquiring, curious and experimental environment that supports people – and especially frontline clinicians – to put their ideas into practice. Only this way will we improve patient care, outcomes and the use of scare resources.

But innovation also needs evaluation Without evaluative evidence, all we have is advocates and champions. Without evidence, we don't know whether an innovation should be scaled up and spread. Yet all too often innovation proceeds without the support and discipline of evaluation.

Our proposition is designed to address this need. In a sense, it is our manifesto! It was initiated by Midlands and Lancashire Commissioning Support Unit and produced by the Strategy Unit. It begins with the need for and barriers to innovation: it then describes the vital role of evaluation. The proposition is supported by videos and case studies to give context, but also by an offer including high quality training, tools and advisory support.

# The crisis facing health and care services in **England** is well documented.

Hear it from the team...

What's the situation?

...arising primarily from the mismatch between need and provision.

#### Need

#### Growing in scale



+6.2%

Emergency admissions between Q1 17/18 and 18/19



**GP** contacts between 2014/15 and 2016/17

#### Increasing in complexity



Proportion of population in England aged 65+



2008

Number of people with multiple Long Term Conditions in England

#### 'More of the same' is not a viable response...

Source: NHS Improvement, Quarterly Performance Report of the NHS Provider Sector: Quarter 1 2018/19; The Kings Fund, June 2018 Quarterly Monitoring Report; The Kings Fund, June 2017 Quarterly Monitoring report; ONS, Overview of the UK Population July 2017; DH (2012), Long Term Conditions Compendium of Information; Institute for Fiscal Studies (2017), Public Spending on Adult Social Care in England

# The crisis facing health and care services in **England** is well documented.

Hear it from the team...

What's the situation?

#### ...arising primarily from the mismatch between need and provision.

Provision

#### Highly constrained



Deficit of NHS trusts and foundation trusts. end of 17/18



CCG overspend, end



108,000

Vacancies across the provider sector in Q1 18/19



Real terms fall in total spending on adult social care since 2009

#### 'More of the same' is not a viable response...

Source: NHS Improvement, Quarterly Performance Report of the NHS Provider Sector: Quarter 1 2018/19; The Kings Fund, June 2018 Quarterly Monitoring Report; The Kings Fund, June 2017 Quarterly Monitoring report; ONS, Overview of the UK Population July 2017; DH (2012), Long Term Conditions Compendium of Information; Institute for Fiscal Studies (2017), Public Spending on Adult Social Care in England



# What do we mean by innovation?

# Innovation is a vital component of any strategy to 'bridge the gap'...

#### We take a broad and permissive definition...

- 1 t covers **product** and **process**... 'doing things differently', as well as 'doing different things'...
- 1 t could be a new technology, a new service, a new way of doing things...
- 1 t could involve an innovative combination of existing ideas, or implementing them in a new setting in an innovative way...

Hear it from the team...

Why are we working on this?

Hear it from the team...

What is innovation?



Innovation is any creative response to a challenge

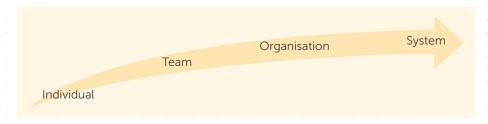


### It spans a spectrum of scale and involvement...

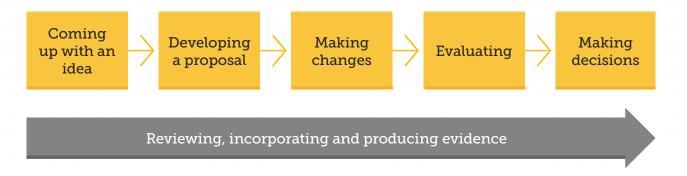
From small improvements, to revolutionary new ideas....



From one person making a change, to hundreds working together...



### It can be broken down into a process or set of activities...



Hear it from the team... What's the role of evidence?

...throughout which, a commitment to evidence acts as a core unifying theme

# Innovation needs the right conditions to flourish.

...but it doesn't just happen!



It can have internal and/or external drivers...

#### Internal

e.g. to reduce costs, to improve staff turnover/satisfaction, to improve process efficiency.

#### **External**

e.g. changes in policy, changes in demand, research findings, development of a new technology.

It needs to be nurtured and encouraged at every level...

#### As a minimum...

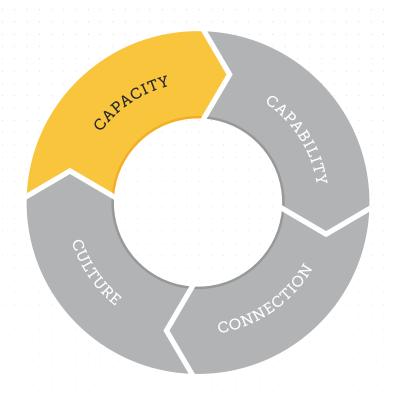
- Understanding that the best ideas don't necessarily fall from the top
- Encouraging all staff to spot problems and suggest solutions

#### More ideally...

- Equipping all staff with the skills, experiences and permissions to innovate and become self-improving
- Providing specific support in expertise or functions dedicated to innovation

...to cultivate an expectation of innovation...

...to enable a permissive culture of experimenting, learning and sharing, supported by a diffuse model of leadership

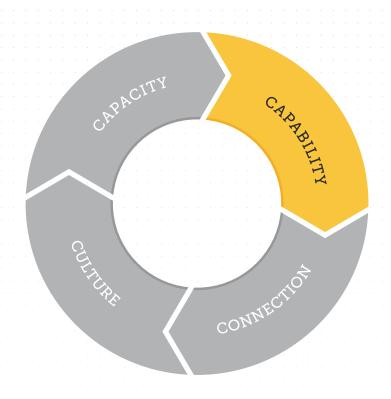


#### The capacity challenge

- Staff are already delivering 'above and beyond', against a backdrop of increased demand and constrained resource.
- There isn't the time, the money or the energy to try new things thoroughly in this overstretched environment – so good ideas end up fizzling out.
- The people, services and systems who would stand to benefit most from innovation end up missing out.



Out of clutter, find simplicity. From discord, find harmony. In the middle of difficulty lies opportunity

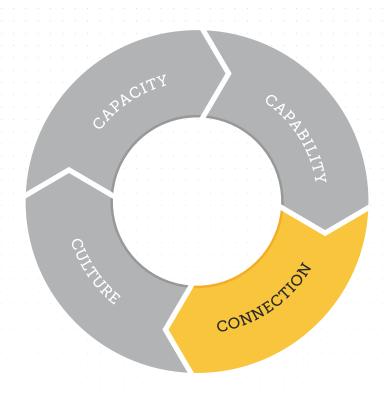


#### The capability challenge

- Specific knowledge, skills and experience to deliver each stage of the innovation 'process' are underdeveloped. Existing evidence is typically underutilised or misapplied.
- Frontline staff may have the enthusiasm, but frequently don't have the skills to work up and implement an initial idea effectively and in a way that supports ongoing learning.
- Furthermore, economic disciplines are typically not present in NHS organisations to sort the innovation 'wheat' from the pet project 'chaff'.



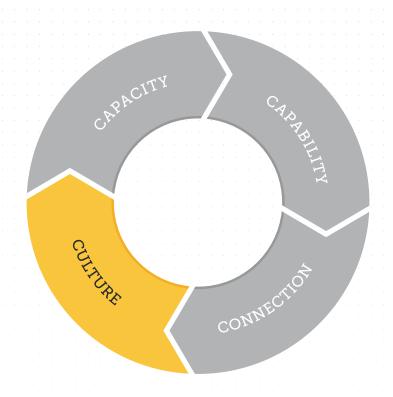
The challenge of modernity is to live without illusions and without becoming disillusioned... I'm a pessimist because of intelligence, but an optimist because of will



#### The connection challenge

- People with insight and good ideas are disconnected from support, which may be held at multiple points across the system.
- The innovation 'space' is fragmented and confusing, with a large number of national and local organisations (both public-sector and commercial) competing for attention.
- Organisational and system structure does not typically promote the spread of innovation and good practice across boundaries. Pockets of innovation can appear and disappear without wider gains being realised.

Though I do not believe that a plant will spring up where no seed has been, I have great faith in a seed... Convince me that you have a seed there, and I am prepared to expect wonders



#### The culture challenge

- Innovation is frequently seen as a 'nice to have', rather than a core function of the health service.
- Staff don't have 'permission to try' new ways of doing things, or 'permission to fail and learn' if something doesn't work. 'Command and control' is a more common operating model than 'licence and support'.
- Public services are built around accountability and value for the public pound - leaders and organisations often perceive the downside risks of innovation (being held to account for failure) to be greater than potential gains.
- Political culture and the dynamic of an external regulator can drive assertion and overstatement of the effects of changes, rather than encouraging careful and objective measurement.



I am not discouraged, because every wrong attempt discarded is another step forward.



# Why evaluate?

# Against this challenging backdrop, evaluation of innovations is essential in order to...

What is evaluation?



Evidence whether the innovation has been a success (or not)





Identify the factors that facilitated any success



Identify what didn't work well

#### Evidence whether the innovation has been a success (or not)

- Without evaluation all you have is advocacy. This is a very poor basis for decision making, yet it remains common.
- Not all innovations work. But it is vital to provide evidence either way: open failures should be celebrated!
- Description Evidence should be robust enough for decision making. Should we continue? Scale up? Stop altogether? It also needs to show what was achieved – both intended and unintended consequences.

# Against this challenging backdrop, evaluation of innovations is essential in order to...

Hear it from the team... What is evaluation?



Evidence whether the innovation has been a success (or not)



Identify the factors that facilitated any success



Identify what didn't work well

#### Identify the factors that facilitated any success

- If innovations are to be scaled up, it is important to understand factors that led to their success (e.g. leadership of a senior clinician?).
- 1 It is also important to understand the context in which the innovation was delivered...it may be that a pre-existing factor in the system was key to success, which could be unavailable in a different setting.

# Against this challenging backdrop, evaluation of innovations is essential in order to...

Hear it from the team... What is evaluation?



Evidence whether the innovation has been a success (or not)



Identify the factors that facilitated any success



Identify what didn't



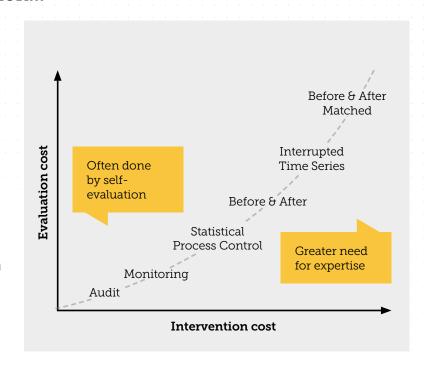
#### Identify what didn't work well

- Even 'successful' innovations have elements that don't work well. It is important to identify and learn from these so the innovation can be refined if spread.
- 'Unsuccessful innovations' provide especially valuable lessons: not replicating failure is a quick way to save money!

# The 'level' of evaluation can be scaled to the innovation being explored...

The cost and complexity of the evaluation should be in line with cost of the intervention...

- Different approaches can be taken at different stages of the innovation life (e.g. audit data may be sufficient at the pilot stage, but would not be sufficient to scale up an expensive innovation across an STP footprint)...
- The approach should always provide enough evidence to move to the next stage of development...



It can draw on quantitative and/or qualitative evaluation methods...

Tell me about...

Quantitative evaluation

Tell me about...

Qualitative evaluation

# To date, we've seen a range of problems undermining useful evaluation...

Testing your innovation in theory

Insufficient thinking at the design stage...

...as to how 'doing x' should lead to 'outcomes y & z'

A need for greater attention to detail...

...in implementation and in setting measures

A lack of discipline in decision-making...

...as to whether innovations should be 'scaled or stopped'

Far too much advocacy and far too little evidence...

...especially where advocates stood to gain commercially

A gap between 'the inspired staff member' with a good idea...

...and 'the convinced manager/commissioner' (with a budget to support it)

Too much 'supply-driven' thinking...

...being seduced by the new and losing focus on identified problems



# Our offer

20

...systems, organisations and frontline staff must ask:



**Systems** 

Organisations

Frontline Staff

#### Questions

- What can we do to support a culture of innovation and evaluation across a system?
- How do we co-ordinate activities at system level?
- How do we get the key stakeholders to work together effectively?
- How do we learn lessons from previous large-scale innovation programmes?
- How do we ensure drawing on and generating evidence is a core part of any innovation?

#### Our offer

- What does 'good' look like for evaluation of innovations at a regional and local level?
- How do we ensure that when an innovation is piloted, it is done well enough such that success is determined by the 'quality' of the idea?
- How do we strike the balance between building local capability for evaluation and drawing on expert resource?
- How do we mobilise knowledge gained from these efforts for the benefit of the system?

2.1

...systems, organisations and frontline staff must ask:



**Systems** 

Organisations

Frontline Staff

Questions

Our offer

#### The Strategy Unit can support you at every stage

We can act as your expert partner, as you develop and implement your system's strategy to fostering innovation and evaluation at every level. We can be your source of high quality advice and resource for supporting activities.

We can help you navigate complexity, connecting the evidence and the expertise across the system. We can support you to work up and implement innovations at system level and undertake robust evaluation.

honest broker, supporting effective working relationships and co-ordinating your system-wide efforts. We can help you build local capability for innovation and evaluation by working in partnership with your key stakeholder organisations.

We can act as an

...systems, organisations and frontline staff must ask:



**Systems** 

**Organisations** 

Frontline Staff

#### Questions

- How do we engage frontline staff to get their insight?
- How do we support them to develop their ideas?
- How do we decide which ideas to commit time and resource to?
- How do we understand and get other organisations to understand the potential impact of our innovations?
- How do we develop a consistent and controlled approach to the processes surrounding innovation/evaluation?

#### Our offer

- How do we strike the balance between pragmatism and robustness in our evaluations of innovations?
- How do we develop competencies in our staff to support innovation and evaluation?
- How do we communicate our findings in a way that is meaningful to our staff and patients?

...systems, organisations and frontline staff must ask:



**Systems** 

**Organisations** 

Frontline Staff

Questions

Our offer

#### The Strategy Unit can support you at every stage

We can support you to make the case for innovation, helping you to understand potential impact, articulate this internally and to other organisations in a compelling way and build consensus for decisions around investment and implementation.

We can help you design and adopt a consistently high quality approach, to innovation, to evaluation and tothe subsequent gateway/ decision-making processes. We can show you what works well elsewhere and work with you to adapt this for your situation.

We can work in partnership with your staff at every stage, providing them with practical development opportunities throughout the innovation process and providing them with bespoke tools to support them on an ongoing basis.

...systems, organisations and frontline staff must ask:



**Systems** 

Organisations

**Frontline Staff** 

#### Questions

- How will any of this make a difference to me and my patients?
- Who else faces the same challenges that we do?
- How do we get inspired and enthusiastic to work together on a solution?
- How do we get support from our organisation?
- How do we draw on wider expertise available in the system to support us?

#### Our offer

- How can we learn from what's been done before and elsewhere?
- Now do we 'work up' the idea into something more tangible and decide if its worth pursuing?
- How do we make progress in the limited time we have to work together?
- What is evaluation in my context and why is it important?
- How could we tailor our solutions so they're useful for different settings?

...systems, organisations and frontline staff must ask:



**Systems** 

Organisations

**Frontline Staff** 

Questions

Our offer

#### The Strategy Unit can support you at every stage

We can support you to work on the toughest problems with your peers.

We take a pragmatic and highly practical approach, bringing together those with lived experience of a problem to intensively work on it with our support.

We can help focus your efforts – providing you with

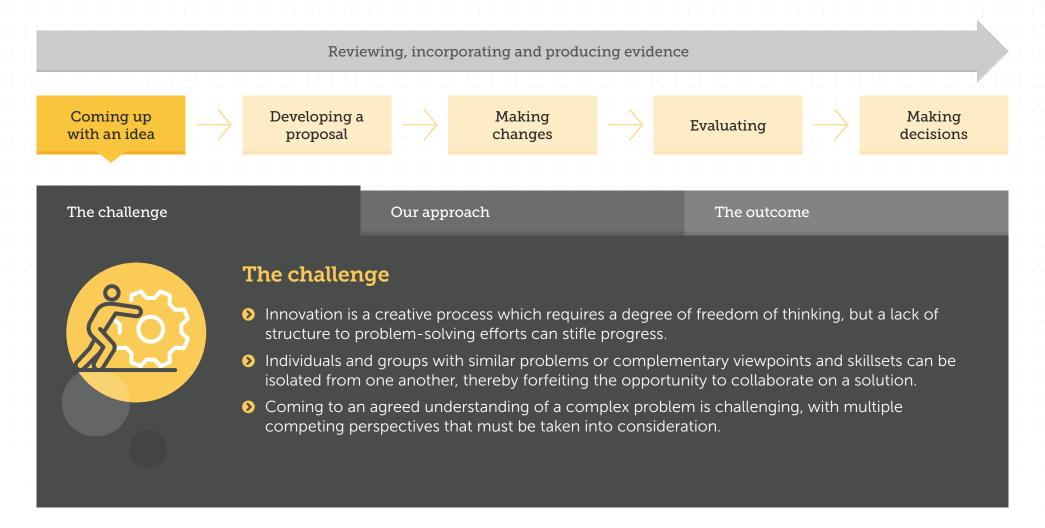
valuable insight from our analysis of local data and drawing together evidence and best practice to inform your solutions. We can support you to communicate your successes and the key lessons for your wider organisation.

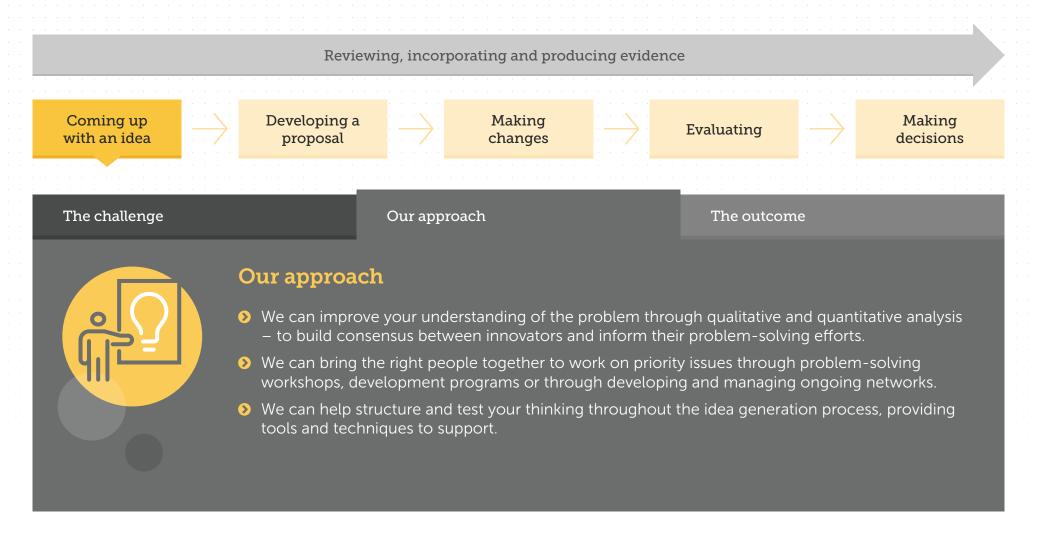
We can ensure you get the most from your time working together.

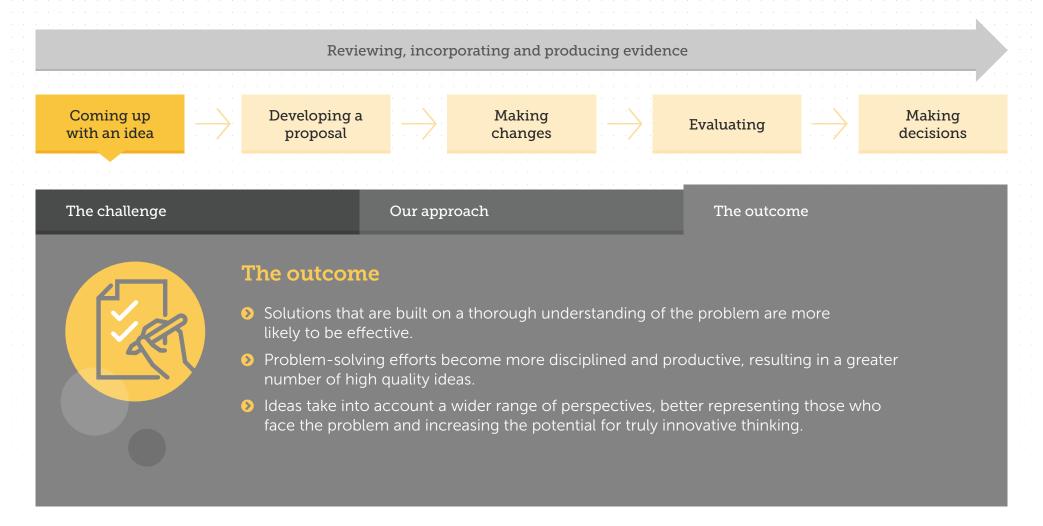
We can support you with the structure. the disciplines and the tools and act as a 'critical friend', as you move through each stage of the innovation process.

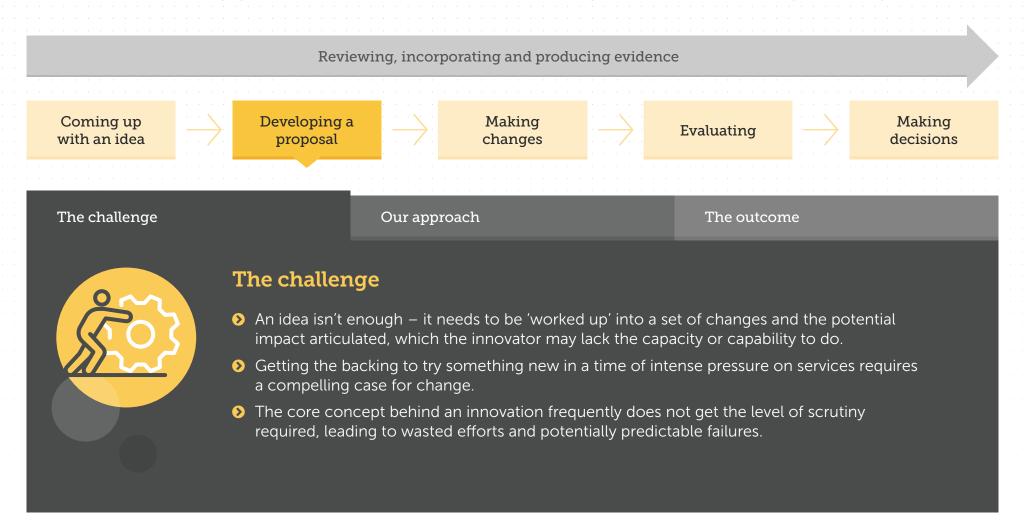
THE STRATEGY UNIT

#### Reviewing, incorporating and producing evidence Coming up Developing a Making Making **Evaluating** with an idea proposal changes decisions Structured Defining a Defining a Project/ Quantitative problem solving and qualitative decision process gateway process programme planning evaluation Engagement Modelling Supporting experts and building impact and adoption Change benchmarking Enabling local and spread management consensus evaluation Collecting and Developing Business case Knowledge production understanding Communicating mobilisation and managing networks data results **Systems** Organisations Frontline staff









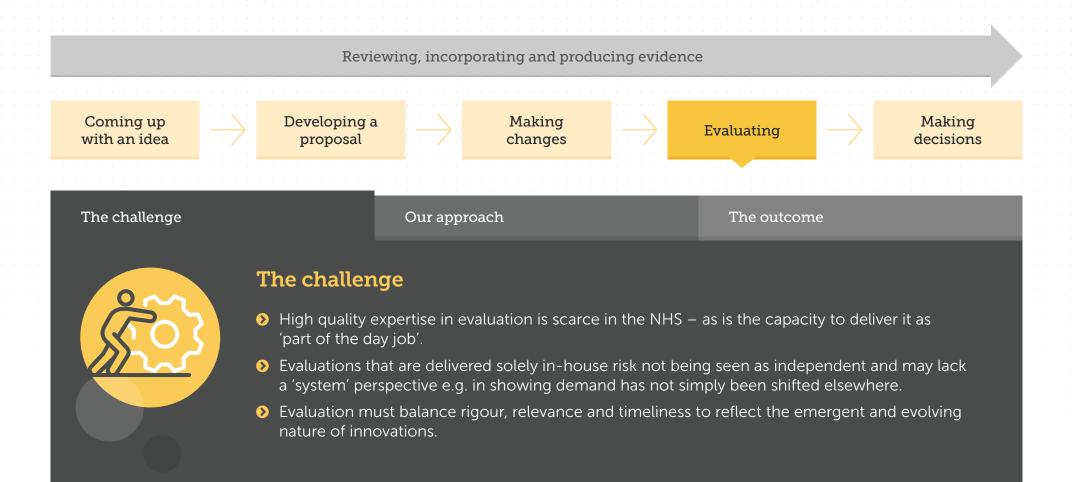


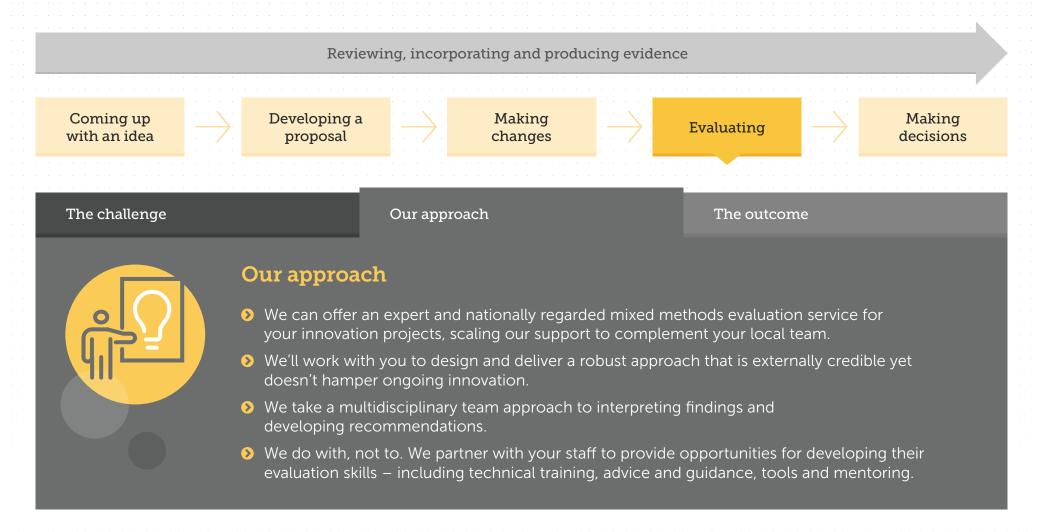


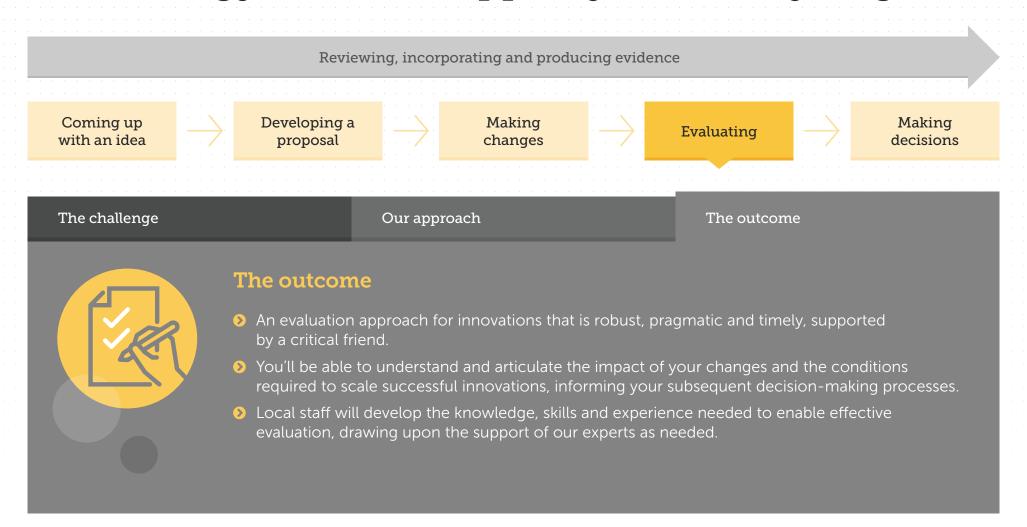










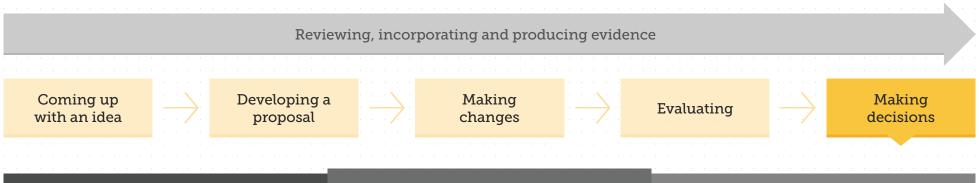


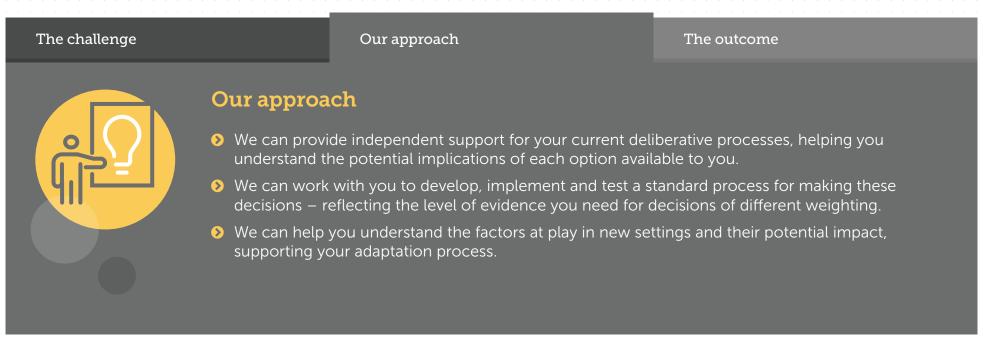


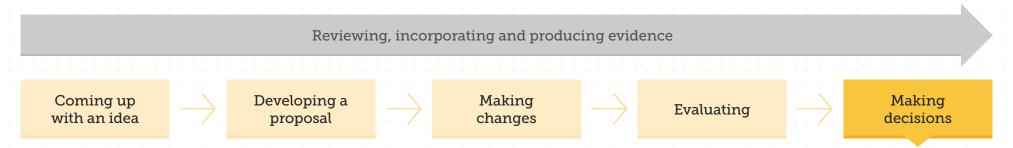


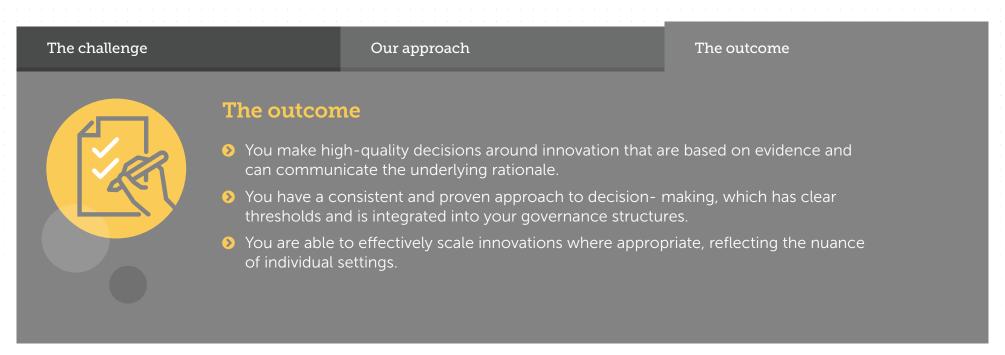
### The challenge

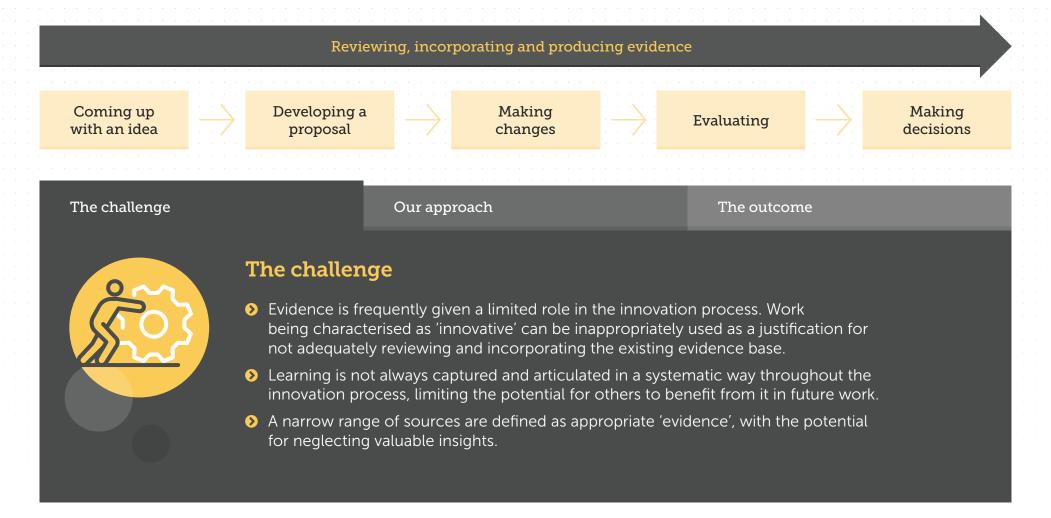
- There is an ongoing challenge in making defensible decisions as to which innovations to continue to support, which have the potential for wider benefits if scaled, and which to stop.
- > These decisions are frequently made in an unstructured and inconsistent way with a consequent risk of wasted resource or missed opportunities.
- > Implementing an existing innovation in a new setting is not as simple as 'cut and paste'. Without planning and appropriate adaptation, great ideas can easily fail.

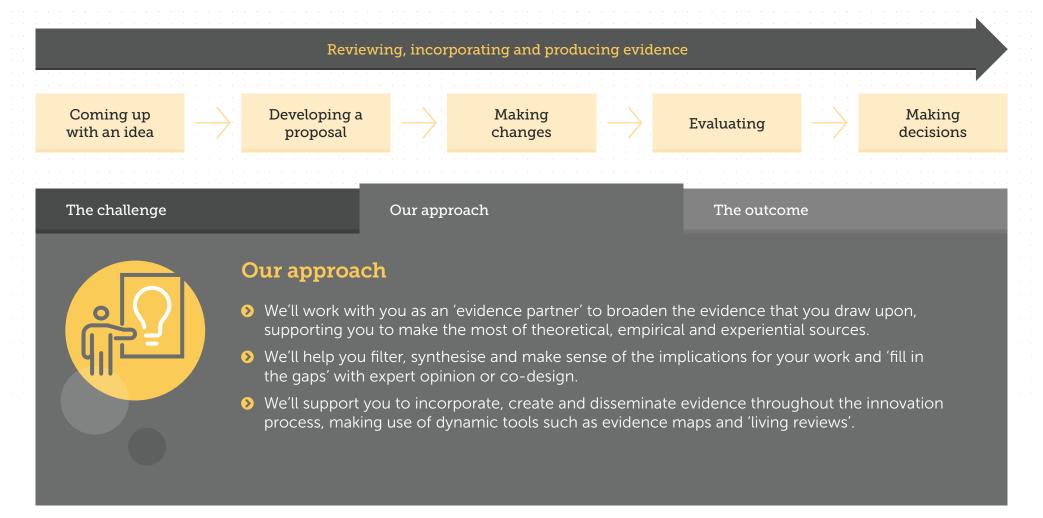


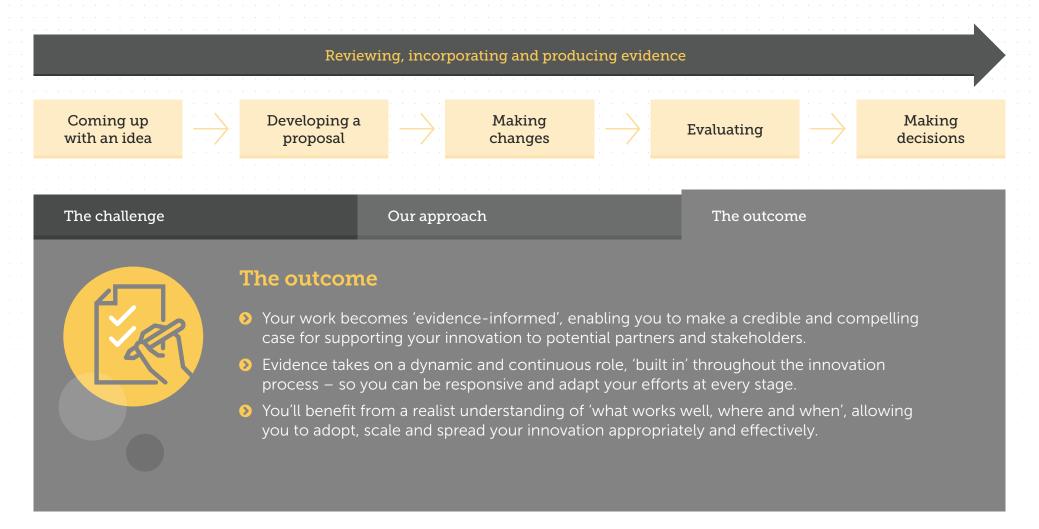














Let's make innovation more than a buzzword.



# Case studies

- > 'Vanguard' innovations Dudley CCG
- > IAPT-LTC Early Implementers NHS England
- > The EPIC programme Dudley CCG
- RAID Mental health liaison service in Northern Ireland

# 'Vanguard' innovations - Dudley CCG

Evaluating a diverse set of interventions in a high profile setting

The challenge

Our approach

The outcome

### The challenge

Dudley CCG was appointed as a 'Vanguard' in the NHS' flagship 'New Care Models' programme. Moving to a new care model meant innovating at pace – with a range of new services and new ways of working planned. But not all of these 'innovations' were expected to work; some would need to be stopped and some would be scaled. Evaluative evidence was needed to inform these decisions.



# 'Vanguard' innovations - Dudley CCG

Evaluating a diverse set of interventions in a high profile setting

The challenge

Our approach

The outcome

### Our approach

Working with our partners ICF, the Strategy Unit undertook a rapid evaluation of nine service innovations. These covered a varied range of interventions, from social prescribing, to enhanced pharmacy services, to virtual 'avatar' nurses.

To allow comparison across such diverse innovations, we gathered evidence against a common template. This looked at design, implementation, costs and benefits. Results were summarised in a comprehensive report and presentation to Dudley's Partnership Board.



# 'Vanguard' innovations - Dudley CCG

Evaluating a diverse set of interventions in a high profile setting

The challenge

Our approach

The outcome

#### The outcome

The evaluation was highly well-received. We provided comparable evaluative information for each innovation. We helped the Partnership Board work through the findings of our work and make decisions about which innovations to stop, which to refine (and how) and which to scale.

Because these decisions were evidence-based. the Board could be more confident that better outcomes and a better use of resources would result.



The Strategy Unit ran a session on developing a vanguard evaluation strategy at our national new care models event. The presentation was captivating and insightful, and brilliantly articulated the challenges that almost all other vanguard evaluators were facing.

# IAPT-LTC Early Implementers - NHS England

Providing expert support for local evaluation teams

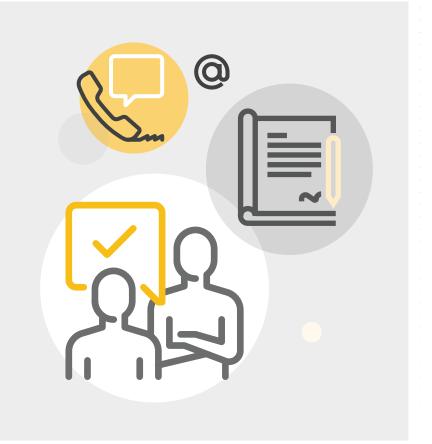
The challenge

Our approach

The outcome

### The challenge

37 'early implementer' sites for the IAPT-LTC service required support for their local pilot evaluations. Sites needed help collecting and linking IAPTMDS data with secondary care data (and primary care data where possible), using local data systems. They also needed advice on IG procedures, how to access data, which healthcare utilisation measures to include in their evaluations and how to analyse their data. Furthermore, local services needed support to improve data quality/completeness, as well as practical guidance and training to help them design and run their evaluations.



# IAPT-LTC Early Implementers - NHS England

Providing expert support for local evaluation teams

The challenge

Our approach

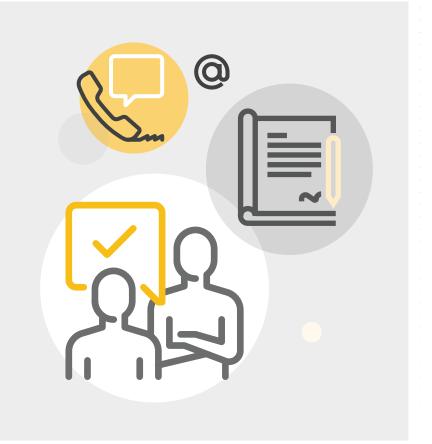
The outcome

### Our approach

The Strategy Unit were commissioned by NHS England to undertake this work. We developed and ran five regional workshops covering evaluation methods, data quality, information governance, data linkage and healthcare utilisation metrics.

We provided 1:1 support for early implementer sites to develop their own local evaluations, supporting commissioners and providers to develop evaluation frameworks and run quantitative and qualitative studies.

We also developed 'user-friendly' guidance documents covering evaluation, data quality, data linkage methodologies, information governance and outcome measures.



# IAPT-LTC Early Implementers – NHS England

Providing expert support for local evaluation teams

The challenge

Our approach

The outcome

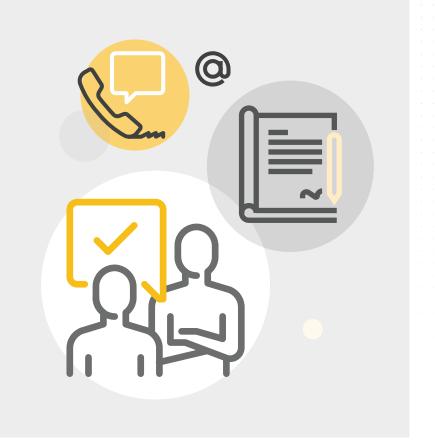
#### The outcome

In delivering our approach, telephone or email support was provided to 21 of 22 'wave 1' sites and all 15 'wave 2' sites.

We ran five full day workshops that were attended by more than 100 people from 21 wave 1 sites and 11 wave 2 sites. The guidance documents were shared with all sites and we presented at 4 IAPT-LTC Early Implementer workshops and 8 IAPT-LTC Clinical Network meetings.

We also ran two webinar workshops, covering data quality and general evaluation queries.

Feedback received from attendees was highly positive – stating that the information shared was relevant and useful.



# The EPIC programme - Dudley CCG

Developing, implementing and evaluating staff ideas in primary care

The challenge

Our approach

The outcome

### The challenge

The Strategy Unit developed EPIC in response to national challenges facing primary care, informed by the GP Forward View and the 'Ten high impact actions'. EPIC is an evidence-based and experience-informed local primary care development programme.

The aim was to enhance the capacity and capability of general practice staff to develop and implement innovative ideas and to transform service delivery: focusing on quality and efficiency of care; patient experience and collaborative working.



Developing, implementing and evaluating staff ideas in primary care

The challenge

Our approach

The outcome

### Our approach

EPIC had three workstreams:

- 1 'Business management', providing core business skills to every practice in Dudley, to improve productivity, workflows, data management and reporting.
- 'Performing as a team', supporting practices to improve what they do through ideas generated in joint learning sets, with bespoke support within individual practice settings.
- Transforming', facilitating practices working in partnership with external organisations to design and deliver ambitious new pathways, through a supported programme of action learning.



# The EPIC programme - Dudley CCG

Developing, implementing and evaluating staff ideas in primary care

The challenge

Our approach

The outcome

#### The outcome

EPIC evaluated well. It received very positive feedback from practices. It showed improved skills and knowledge within the practice teams, hence empowering staff, as well as improving relationships with local partners.

Cost savings were demonstrated, arising from reduced repeat prescription processing, as well as reduced paper flow and document transfer - saving time. There were also reductions in GP appointments for pill reviews and a reduction in avoidable appointments, saving GP time.



The EPIC programme has created a format and an environment for change. The practice has been going through a lot of change, change is difficult. EPIC has given us some tools we will roll again and again to manage change in the future

## RAID Mental health liaison service in Northern Ireland

Using an innovative approach to overcome a technical challenge

The challenge

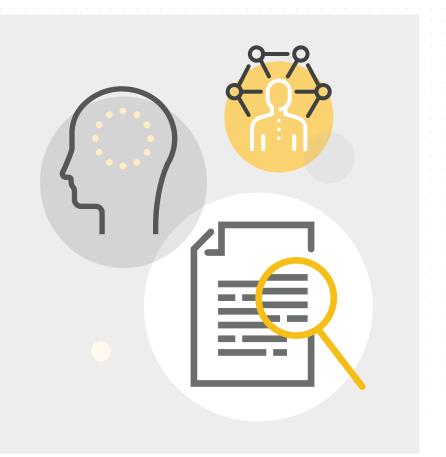
Our approach

The outcome

### The challenge

The Strategy Unit were commissioned by the Northern Health and Care Trust (Northern Ireland), to establish how effective their mental health liaison service (RAID) had been in reducing the chance of admission from ED and inpatient length of stay.

A quantitative evaluation was planned – however, the data that was available to the team contained no diagnostic codes by which to identify patients within cohort. Instead, a written description of the triage complaint was all that was available.



### RAID Mental health liaison service in Northern Ireland

Using an innovative approach to overcome a technical challenge

The challenge

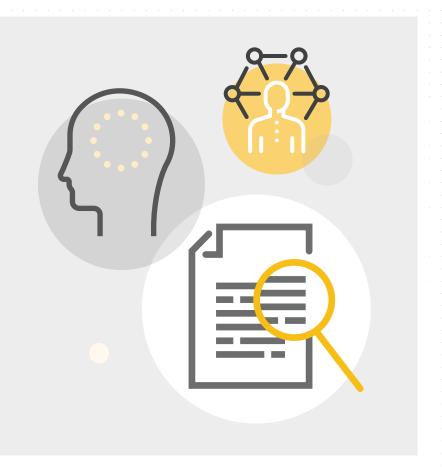
Our approach

The outcome

### Our approach

In order to overcome the challenge presented by the lack of diagnostic code, the Strategy Unit team innovated: using text mining to extract meaning from the unstructured textual information.

Working closely with the team from NI, they established eight patient classifications and associated indicators. By applying these to the text, we were able to categorize patients, hence identifying the appropriate cohort for the evaluation.



## RAID Mental health liaison service in Northern Ireland

Using an innovative approach to overcome a technical challenge

The challenge

Our approach

The outcome

#### The outcome

Using text mining as a technique to extract data, we were able to undertake a quantitative evaluation to assess the effectiveness of the Northern Ireland RAID programme in reducing chance of admission and inpatient length of stay.



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## **RAIDPlus Test Bed Evaluation – BSMHFT**

Formative, mixed methods evaluation of an innovative programme

The challenge

Our approach

The outcome

### The challenge

RAIDPlus was one of seven national 'Test Beds' set up in 2016. It aimed to reduce the number of mental health crises and for better management of any crises that do occur, through a combination of technological innovation and service redesign. It was led by Birmingham and Solihull Mental Health Foundation Trust (BSMHFT).

Our evaluation aimed to provide a clear understanding of the combination of innovations being tested and an assessment of impact.



## **RAIDPlus Test Bed Evaluation – BSMHFT**

Formative, mixed methods evaluation of an innovative programme

The challenge

Our approach

The outcome

### Our approach

We undertook formative evaluation supporting the development of RAIDPlus, ensuring that any lessons learned as part of the process were fed into the programme. We used a mixed methods approach including process and impact evaluation work.

The evaluation has supported the scaling and spread of RAIDPlus locally and nationally by: showing the impact delivered on a set of outcome metrics, including an assessment of cost effectiveness, and by documenting and assessing the process of change to improve any future implementations.



## **RAIDPlus Test Bed Evaluation – BSMHFT**

Formative, mixed methods evaluation of an innovative programme

The challenge

Our approach

The outcome

#### The outcome

The RAIDPlus evaluation is on-going. To date it has provided BSMHT with a robust evaluation framework detailing the programme and logic model. We also produced a detailed baseline report, establishing RAIDPlus' starting position both qualitatively and quantitatively.

As well as an interim evaluation report detailing initial findings on the development and implementation of RAIDPlus from a rapid evidence synthesis, strategic interviews, front line staff experience, service user experience and quantitative evaluation methods.



66

The Strategy Unit are inspiring in their commitment, dedication to evidence and use of innovative analysis as a way to improve health and care.

Professor Sir Bruce Keogh - National Medical Director, NHS England

