

# Is Building the Right Support working?



**Feedback from the research team**

**November 2018**

# Introduction



Building the Right Support is a national plan to give better support to people with a learning disability or autism.

It helps people whose behaviour challenges services or who have mental health problems.

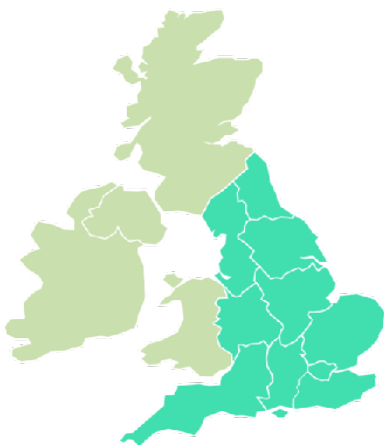
It says what services and supports are needed.



This is because too many people are having to live in hospitals and assessment and treatment centres.

Many have been living in such places for a very long time.

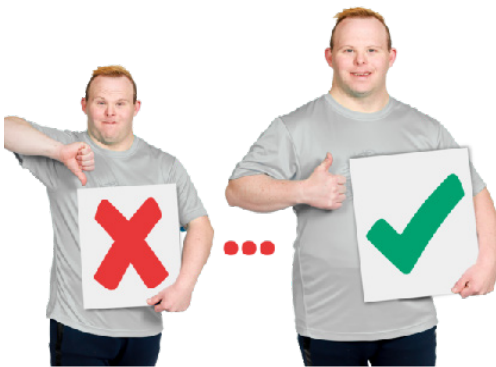
They often have to live a long way from their home, family and friends. This is because there are not enough good local services and supports.



Building the Right Support was written by NHS England, The Local Government Association and the Association of Directors of Social Services.

These organisations are making the plan happen across England.

# What will the Building the Right Support plan make happen?



Develop local services and support.

Move people back to their local area with the right support.

Stop people being sent away for their support.



Keep people and their families involved as equal partners.

People having better lives in their local community.

# What has been done to make this happen?



48 Transforming Care Partnerships were set up in 2016.

They include partners from local health, social care and providers.



They should be involving people with lived experience, families and self-advocates.

The Transforming Care Partnerships are working to make the national plan happen by March 2019.

# How do we know if Building the Right Support is happening?



In December 2016, NHS England chose a team of researchers.

Their job is to find out how the Transforming Care Partnerships are making the national plan happen.

They are finding out what is working, what is not working and what can be done better.



Their findings will be shared so we can all learn the best ways to make the plan happen.

This paper is one way the information is being shared.

# Who are the researchers?



UNIVERSITY OF  
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There are 4 organisations working together.

These are:

- ICF
- University of Birmingham
- BILD
- The Strategy Unit

## What has the research team done in the last 12 months?



Sent a survey to all 48 Transforming Care Partnerships.

Looked closely at what is happening in 10 Transforming Care Partnerships.

This involved talking to people with lived experience, families, self-advocates, carers, managers and professionals.

Talked to the people making Building the Right Support happen across England.



# What are the big things that we have found?



Most people think that making the national plan happen is the best way to improve people's lives.

Transforming Care Partnerships have made positive changes, but they have found it hard to make all the changes they need to.

More work is needed to develop the support needed in every local area.



There needs to be earlier and better support for children and young people.

There needs to be greater inclusion and involvement from people and families with lived experience, self-advocates and carers.



There are gaps in support for autistic people, especially if they have mental health problems.

There is a lack of the right housing available.

Local authorities are worried that it will cost them more to pay for good local services.

There are not enough staff with the right skills and values.



# Making Building the Right Support Work Better - the Research Team's Recommendations

## The Transforming Care Programme



The effort should continue.

People with learning disabilities and autism should continue to be a national priority.

The learning from the programme should be shared.

Health and social care should be brought together to deliver the supports and services needed in each local area.

Lessons should be shared from the work done by experts with experience in Care and Treatment Reviews.

It is important to find out if people are having better lives.



# Inclusion and co-production



Every Transforming Care Partnership to make sure that people with lived experience, families, and carers and self-advocates are involved as equal partners.

National and local resources must be found to make sure that this can happen.



People, families and self-advocates should be included in providing solutions and making decisions.

# Partnerships and commissioning



Building the Right Support needs to be part of the national and local plans.

Wider government must work better together with the NHS and local authorities.

The NHS should be talking to other agencies as equal partners.

Top-down approaches should be replaced by more local decision making.



The skills of commissioners must be developed to make sure they know about learning disabilities and/or autism.

# Money and resources



National policy should continue to encourage budgets to be pooled for both health and social care.

More work is needed to find out how much it costs for someone to have good support in the community as compared to living in an assessment and treatment centre.

## Housing



The Housing Regulator (Homes England) to be asked to help encourage social landlords to provide housing.

Local organisations need funds and expertise in order to make housing better.

# Better support for children and young people



We need to develop better local support to stop children being excluded from school or having to move out of their home area for their education.

Prevent crises happening by ensuring earlier interventions and Education and Health services working well together.

The transition to adult services must be improved.



# Having the right staff



All staff working in services linked to the national plan need training and qualifications to ensure they have the skills, values and expertise they need.

The new social care apprenticeships offer a good way to ensure this happens.

Positive Behaviour Support should become the approach that is used by all staff.



Staff must respect and appreciate how important it is that families and people with learning disabilities and/or autism provide support to their relatives or friends.



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