







Community and Mental Health Services







Complex Lives Patient Cohort: Cheshire and Merseyside ICS

A preventative, predictive, precise approach to population, patient and person in a joined-up intelligence led system

Enabling us to programme equity, rather than tackle inequality

Welcome to System P

System P is the whole system approach to addressing multiagency, multisector challenges that negatively impact population health and will deliver transformational change in service provision through collaborative working.

System P is a Cheshire & Merseyside ICS funded programme, which commenced in September 2021. This initial phase will run through to the end of March 2023.

We have the opportunity to form virtual networks based on a common purpose rather than an oppositional view. In doing this we can change outcomes for individuals and communities.

System P uses the Bridges to Health segmentation methodology, which has been endorsed by NHS England. Segmentation aims to categorise the population according to health status, health care needs and priorities. This methodology identifies groups of people who share characteristics that influence the way they interact with health and care services.

Our initial focus in this first phase of System P, is around the Complex Lives and Frailty & Dementia segments. Insight packs will be available for all 9 Places across Cheshire & Merseyside for both segment areas.

Please do not hesitate to contact the Programme Director, Andrea Astbury or Project Support Officer, Shahina Rashid on the below email addresses, for further help and support:

<u>Andrea.Astbury@liverpoolccg.nhs.uk</u> <u>Shahina.Rashid@nhs.net</u>

Data Sharing Agreements

Population Health Data Sharing Agreements (DSAs) need to be signed by each GP practice to allow System P to access data for that practice area.

Those CCG areas which have a high percentage return of DSAs will produce reliable Insight Packs for the area. Conversely, those areas which have a low sign-up need to be interpreted with greater consideration and some caution.

The total return rate of signed DSAs as of 8 April 2022 for Cheshire & Merseyside ICS is 81%.

Practice Sign Up Liverpool

Practice	s with a signed Data Sharing Agreement	N82065	EARLE ROAD MEDICAL CENTRE	N82110	LONG LANE
N82001	THE MARGARET THOMPSON MED CENTRE	N82066	WOOLTON HOUSE MEDICAL CTR	N82113	FAIRFIELD MEDICAL CENTRE
N82002	YEW TREE CENTRE	N82067	DR A GUPTA BENIM MEDICAL CENTRE	N82115	VAUXHALL HEALTH CENTRE
N82003	DOVECOT HEALTH CENTRE	N82070	THE ELMS MEDICAL CENTRE	N82116	HILLFOOT HEALTH
N82004	GARSTON FAMILY HEALTH CENTRE	N82073	THE ASH SURGERY	N82117	BROWNLOW GROUP PRACTICE
N82009	GRASSENDALE MEDICAL CENTRE	N82074	OLD SWAN HEALTH CENTRE	N82617	BROWNLOW AT MARYBONE
N82011	PRIORY MEDICAL CENTRE	N82076	BROWNLOW HEALTH @ PRINCES PARK	N82633	CALVARY HEALTH CENTRE
N82014	LANCE LANE MEDICAL CENTRE	N82077	BOUSFIELD SURGERY - DR SHAH	N82641	SANDRINGHAM MEDICAL CENTRE
N82018	ELLERGREEN MEDICAL CENTRE	N82078	BOUSFIELD - ROBERTS	N82645	BROWNLOW HEALTH AT KENSINGTON
N82019	LANGBANK MEDICAL CENTRE	N82079	GREENBANK ROAD SURGERY	N82646	DR JUDE'S PRACTICE - RIVERSIDE
N82022	EDGE HILL HEALTH CENTRE	N82081	ISLINGTON HOUSE MEDICAL CENTRE	N82648	POULTER ROAD MEDICAL CENTRE
N82024	WEST DERBY MEDICAL CENTRE	N82082	ST. JAMES' HEALTH CENTRE	N82650	SPEKE HC - DR SINGH & DR BICHA
N82026	PENNY LANE SURGERY	N82083	JUBILEE MEDICAL CENTRE	N82651	STANLEY MEDICAL CENTRE
N82033	DINGLE PARK PRACTICE	N82084	GATEACRE BROW SURGERY	N82655	MOSS WAY
N82034	THE VILLAGE SURGERY	N82086	ABINGDON FAMILY HEALTH CARE CENTRE	N82662	DUNSTAN VILLAGE GROUP PRACTICE
N82035	MATHER AVENUE SURGERY	N82089	PICTON GREEN	N82663	HORNSPIT MEDICAL CENTRE
N82036	NETHERLEY HEALTH CENTRE	N82090	GREEN LANE MEDICAL CENTRE	N82664	ROCKY LANE MEDICAL CENTRE
N82037	WESTMORELAND GP CENTRE	N82091	GP PRACTICE RIVERSIDE (DR JUDE)	N82668	WALTON VILLAGE MEDICAL CENTRE
N82039	STORRSDALE MEDICAL CENTRE	N82092	THE VALLEY MEDICAL CENTRE	N82669	GREAT HOMER STREET MEDICAL CENTRE
N82041	OAK VALE MEDICAL CENTRE	N82093	DERBY LANE MEDICAL CENTRE	N82670	PARK VIEW
N82046	SEFTON PARK MEDICAL CENTRE	N82094	BELLE VALE HEALTH CENTRE	N82671	BIGHAM ROAD MEDICAL CENTRE
N82048	WALTON MEDICAL CENTRE	N82097	THE GREY ROAD SURGERY	N82676	FIR TREE
N82049	WESTMINSTER MEDICAL CENTRE	N82099	MERE LANE GROUP PRACTICE	N82678	STOPGATE LANE MEDICAL CTR
N82050	GATEACRE MEDICAL CENTRE	N82101	KIRKDALE MEDICAL CENTRE	Y00110	WEST SPEKE HEALTH CENTRE
N82052	TOWNSEND MEDICAL CENTRE	N82103	ANFIELD GROUP PRACTICE		
N82053	AINTREE PARK GROUP PRACTICE	N82104	STONEYCROFT MEDICAL CENTRE	Practice	s without a signed Data Sharing Agreement
N82054	ABERCROMBY FAMILY PRACTICE	N82106	THE VILLAGE MEDICAL CTRE	Y03097	ROPEWALKS GEN. PRACTICE
N82058	ROCK COURT SURGERY	N82107	EDGE HILL HEALTH @ MOSSLEY HILL SURGERY	Y03101	DEYSBROOK LANE M.C
N82059	GREENBANK DRIVE SURGERY	N82108	RUTHERFORD MEDICAL CENTRE	N82087	GILLMOSS MEDICAL CENTRE
N82062	FULWOOD GREEN MEDICAL CTR	N82109	SPEKE HC - DR THAKUR	N82095	ALBION SURGERY

Practice Sign Up Cheshire

N81006 BUNBURY MEDICAL PRACTICE

N81008 THE CEDARS MEDICAL CENTRE

N81009 HEATH LANE MEDICAL CENTRE

Practice	s with a signed Data Sharing Agreement	N81010	NANTWICH HEALTH CENTRE	N81084	ROPE GREEN MEDICAL CENTRE
N81001	AUDLEM MEDICAL PRACTICE	N81013	HIGH STREET SURGERY	N81085	PARK LANE SURGERY
N81002	KENMORE MEDICAL CENTRE	N81016	MILLCROFT MEDICAL CENTRE	N81087	DANEBRIDGE MEDICAL CENTRE
N81018	TARPORLEY HEALTH CENTRE	N81027	READESMOOR MEDICAL GROUP PRACTICE	N81088	PARK GREEN SURGERY
N81022	MIDDLEWOOD PARTNERSHIP	N81029	SOUTH PARK SURGERY	N81092	HOPE FARM MEDICAL CENTRE
N81024	SWANLOW MEDICAL CENTRE	N81030	PRINCEWAY SURGERIES	N81093	WHITBY HEALTH PARTNERSHIP
N81025	FIRDALE MEDICAL CENTRE	N81031	DRS ADEY AND DANCY	N81101	THE HANDBRIDGE MED.CTR.
N81038	LAUREL BANK SURGERY	N81032	ASHFIELDS PRIMARY CARE CENTRE	N81102	FOUNTAINS MEDICAL PRACTICE
N81040	HIGH STREET PRACTICE WINSFORD	N81033	ALDERLEY EDGE MEDICAL CENTRE	N81115	LACHE HEALTH CENTRE
N81049	KNUTSFORD MEDICAL PARTNERSHIP	N81034	BOUGHTON MEDICAL GROUP	N81117	OLD HALL SURGERY
N81053	EARNSWOOD MEDICAL CENTRE	N81039	OAKLANDS	N81120	KELSALL MEDICAL CENTRE
N81070	HANDFORTH HEALTH CENTRE	N81043	HASLINGTON SURGERY	N81121	NORTHGATE VILLAGE SURGERY
N81071	GREENMOSS MEDICAL CENTRE	N81044	HUNGERFORD MEDICAL CENTRE	N81123	WILLOW WOOD SURGERY
N81077	THE HEALTH CENTRE (HOLMES CHAPEL)	N81046	PARK MEDICAL CENTRE	N81125	NESTON MEDICAL CENTRE
N81082	CITY WALLS MEDICAL CENTRE	N81047	THE KILTEARN MEDICAL CTR.	N81127	THE WEAVER VALE SURGERY
N81086	WILMSLOW HEALTH CENTRE	N81050	GREAT SUTTON MEDICAL CENTRE	N81607	WESTMINSTER SURGERY
N81090	TUDOR SURGERY	N81051	THE WEAVERHAM SURGERY	N81614	THE SURGERY
N81100	UPTON VILLAGE SURGERY	N81052	LAWTON HOUSE SURGERY	N81642	WATERS EDGE MEDICAL CENTRE
N81111	MEREPARK MEDICAL CENTRE	N81055	WATLING STREET SURGERY	N81655	ST WERBURGH'S MEDICAL PRACTICE HOMELESS
N81113	MIDDLEWICH ROAD SURGERY	N81060	NESTON SURGERY	Y02045	VERNOVA HEALTHCARE CIC
N81118	MEADOWSIDE MEDICAL CENTRE	N81061	WITTON STREET SURGERY	Y04664	THE WILLASTON SURGERY
N81624	THE VILLAGE SURGERIES GROUP	N81062	CUMBERLAND HOUSE SURGERY	Y05750	DAVID LEWIS MEDICAL PRACTICE
N81626	WESTERN AVE MEDICAL CTRE	N81063	YORK ROAD GROUP PRACTICE		
N81632	BROKEN CROSS SURGERY	N81067	OAKWOOD MEDICAL CENTRE		
		N81068	GROSVENOR MEDICAL CENTRE		
Practice	s without a signed Data Sharing Agreement	N81069	CHELFORD SURGERY		
N81005	HELSBY HEALTH CENTRE	N81074	LAUNCESTON CLOSE SURGERY		

N81079 THE ELMS MEDICAL CENTRE

N81080 NORTHGATE MEDICAL CENTRE

N81081 GARDEN LANE MEDICAL CTR.

Practice Sign Up Wirral

Practices with a signed Data Sharing Agreement

Practices	s with a signed Data Sharing Agreement
N85051	SUNLIGHT GROUP PRACTICE
N85052	GROVE RD SURGERY
N85054	KINGS LANE MEDICAL PRACTICE
N85057	TEEHEY LANE SURGERY
N85059	HOYLAKE & MEOLS MEDICAL CTR
N85616	LISCARD GROUP PRACTICE
N85617	SPITAL SURGERY
N85620	THE VILLAGE MEDICAL CENTRE
N85625	MIRIAM PRIMARY CARE GROUP
N85629	EGREMONT MED CTR
N85633	CHURCH ROAD MEDICAL PRACTICE
N85634	VITTORIA MED CTR K
N85640	LEASOWE MEDICAL PRACTICE
N85643	PRENTON MEDICAL CENTRE_MURUGESH V
N85648	BLACKHEATH MED CTR
N85002	MARINE LAKE MEDICAL PRACTICE
N85003	ALLPORT MEDICAL CENTRE
N85005	EASTHAM GROUP PRACTICE
N85006	CIVIC MEDICAL CENTRE
N85007	HESWALL & PENSBY GROUP PRACTICE
N85008	WEST WIRRAL GROUP PRACTICE
N85009	COMMONFIELD RD SURGERY
N85012	ST GEORGES MEDICAL CENTRE
N85013	UPTON GROUP PRACTICE
N85014	TOWNFIELD HEALTH CENTRE
N85015	DEVANEY MED CTR
N85016	RIVERSIDE SURGERY
N85017	CAVENDISH MEDICAL CENTRE

N85018 VILLA MED CTR

N85019	WHETSTONE LANE MED CTR
N85020	ST CATHERINES SURGERY
N85021	HAMILTON MED CTR
N85022	HOLMLANDS MED CTR
N85023	MANOR HEALTH CTR
N85024	SOMERVILLE MED CTR
N85025	ST HILARY GROUP PRACTICE
N85027	CENTRAL PARK MEDICAL CENTRE
N85028	MORETON CROSS GROUP PRACTICE
N85031	GLADSTONE MED CTR
N85032	GREASBY GROUP PRACTICE
N85037	HEATHERLANDS MED CTR
N85038	VITTORIA MED CTR G
N85040	MORETON HEALTH CLINIC
N85044	CLAUGHTON MEDICAL CENTRE
N85046	HOYLAKE RD MET CTR
N85047	ORCHARD SURGERY
N85048	MORETON MEDICAL CENTRE

Practices without a signed Data Sharing Agreement

None

Practice Sign Up Warrington

Practices with a signed Data Sharing Agreement

	3 3
N81007	HOLES LANE MEDICAL CENTRE
N81012	GUARDIAN STREET MED/CTR
N81014	BROOKFIELD SURGERY
N81020	PENKETH HEALTH CENTRE
N81028	CAUSEWAY MEDICAL CENTRE
N81036	SPRINGFIELDS MEDICAL CENTRE
N81041	HELSBY STREET MED/CTR
N81048	FEARNHEAD CROSS MED.CTR.
N81056	FOLLY LANE MEDICAL CENTRE
N81059	CULCHETH MEDICAL CENTRE
N81065	LATCHFORD MEDICAL CENTRE
N81075	STOCKTON HEATH MED.CENTRE
N81083	PARKVIEW MEDICAL CENTRE
N81089	GREENBANK SURGERY
N81097	DALLAM LANE MEDICAL CENTRE
N81107	MANCHESTER ROAD SURGERY
N81108	THE LAKESIDE SURGERY
N81109	PADGATE MEDICAL CENTRE
N81114	BIRCHWOOD MEDICAL CENTRE
N81122	WESTBROOK MEDICAL CENTRE
N81623	STRETTON MEDICAL CENTRE
N81628	THE ERIC MOORE PARTNERSHIP
N81637	COCKHEDGE MEDICAL CENTRE
N81645	4 SEASONS MEDICAL CENTRE

Practices without a signed Data Sharing Agreement

Y04925 CHAPELFORD PRIMARY CARE CENTRE

Practice Sign Up St Helens

Practices with a signed Data Sharing Agreement

N83001	RAINBOW MEDICAL CENTRE
N83002	PATTERDALE LODGE MED CTRE
N83005	VISTA ROAD SURGERY
N83006	PHOENIX MEDICAL CENTRE
N83007	LINGHOLME HEALTH CENTRE
N83008	BERRYMEAD FAMILY MED.CTR.
N83010	RAINHILL VILLAGE SURGERY
N83017	HALL STREET MEDICAL CENTRE
N83020	HAYDOCK MEDICAL CENTRE
N83021	FOUR ACRE HEALTH CENTRE
N83023	ATLAS MEDICAL PRACTICE
N83027	CENTRAL SURGERY
N83035	THE SPINNEY MEDICAL CTR.
N83041	RAINFORD HEALTH CENTRE
N83045	NEWTON MEDICAL CENTRE
N83050	THE BOWERY MEDICAL CENTRE
N83053	LONGTON MEDICAL CENTRE
N83054	BETHANY MEDICAL CENTRE
N83614	ECCLESTON MEDICAL CENTRE
N83620	WINDERMERE MEDICAL CENTRE
N83624	DR RAHIL'S SURGERY
N83628	NEWTON COMMUNITY HOSPITAL PRACTICE
N83635	THE CROSSROADS SURGERY
N83637	NEWHOLME SURGERY
Y02510	MARSHALLS CROSS MEDICAL CENTRE
	N83002 N83005 N83006 N83007 N83008 N83010 N83017 N83020 N83021 N83023 N83027 N83025 N83041 N83045 N83050 N83053 N83054 N83654 N83614 N83620 N83624 N83628 N83628 N83635

Practices without a signed Data Sharing Agreement

N83003 ORMSKIRK HOUSE SURGERY N83012 MILL STREET MEDICAL CTR. N83019 BILLINGE MEDICAL PRACTICE

N83026 PARKFIELD SURGERY

N83049 KENNETH MACRAE MED CENTRE

N83060 HOLLY BANK SURGERY

Practice Sign Up Southport & Formby

Practices with a signed Data Sharing Agreement

N84005	CUMBERLAND HOUSE SURGERY
N84006	CHAPEL LANE SURGERY
N84008	NORWOOD SURGERY
N84012	AINSDALE MEDICAL CENTRE
N84013	CHRISTIANA HARTLEY MEDICAL PRACTICE
N84014	AINSDALE VILLAGE SURGERY
N84017	CHURCHTOWN MEDICAL CENTRE
N84018	THE VILLAGE SURGERY FORMBY
N84021	ST MARKS MEDICAL CENTRE (TCG MEDICAL)
N84024	GRANGE SURGERY
N84037	LINCOLN HOUSE SURGERY
N84613	THE CORNER SURGERY (DR MULLA)
N84614	THE MARSHSIDE SURGERY
N84617	KEW SURGERY
N84618	THE HOLLIES FAMILY SURGERY
N84625	THE FAMILY SURGERY

Practices without a signed Data Sharing Agreement

None

Practice Sign Up South Sefton

Practices with a signed Data Sharing Agreement

Practices	s with a signed Data Sharing Agreement
N84001	42 KINGSWAY
N84002	AINTREE ROAD MEDICAL CENTRE
N84003	HIGH PASTURES SURGERY
N84004	GLOVERS LANE SURGERY
N84007	LIVERPOOL RD MEDICAL PRACTICE
N84010	MAGHULL FAMILY SURGERY
N84015	BOOTLE VILLAGE SURGERY
N84016	MOORE STREET MEDICAL CENTRE
N84019	NORTH PARK HEALTH CENTRE
N84020	BLUNDELLSANDS SURGERY
N84023	BRIDGE ROAD MEDICAL CENTRE
N84025	WESTWAY MEDICAL CENTRE
N84026	CROSBY VILLAGE SURGERY
N84027	ORRELL PARK MEDICAL CENTRE
N84028	THE STRAND MEDICAL CENTRE
N84029	FORD MEDICAL PRACTICE
N84034	PARK STREET SURGERY
N84035	15 SEFTON ROAD
N84038	CONCEPT HOUSE SURGERY
N84041	KINGSWAY SURGERY
N84043	SEAFORTH VILLAGE SURGERY
N84605	LITHERLAND PRACTICE
N84615	RAWSON ROAD MEDICAL CENTRE
N84621	THORNTON SURGERY
N84626	HIGHTOWN VILLAGE SURGERY
N84627	CROSSWAYS PRACTICE

N84630 NETHERTON SURGERY Y00446 MAGHULL PRACTICE

Practices without a signed Data Sharing Agreement

N84011 EASTVIEW SURGERY

Y02514 LITHERLAND PRIMARY CARE WALK-IN SERVICE

Practice Sign Up Halton

Practices with a signed Data Sharing Agreement

N81011	BEVAN GROUP PRACTICE
N81019	CASTLEFIELDS HEALTH CENTRE
N81035	FIR PARK MEDICAL CENTRE
N81037	THE BEECHES MEDICAL CTR
N81045	PEELHOUSE MEDICAL PLAZA
N81054	WEAVER VALE PRACTICE
N81057	TOWER HOUSE PRACTICE
N81064	NEWTOWN SURGERY
N81066	GROVE HOUSE PRACTICE
N81072	MURDISHAW
N81096	BROOKVALE PRACTICE
N81119	HOUGH GREEN HEALTH PARK
N81619	OAKS PLACE SURGERY
N81651	UPTON ROCKS PRIMARY CARE

Practices without a signed Data Sharing Agreement

None

Practice Sign Up Knowsley

Practices with a signed Data Sharing Agreement

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N83009	WINGATE MEDICAL CENTRE
N83013	THE HEALTH CENTRE SURGERY
N83014	DINAS LANE MEDICAL CENTRE
N83015	BLUEBELL LANE SURGERY
N83018	STOCKBRIDGE VILLAGE HC
N83024	PARK HOUSE MEDICAL CENTRE
N83025	CORNERWAYS MEDICAL CENTRE
N83028	ASTON HEALTHCARE LIMITED
N83030	DR M SUARES' PRACTICE
N83031	ROSEHEATH SURGERY
N83032	MILLBROOK MEDICAL CENTRE
N83033	ST. LAURENCE'S MEDICAL CENTRE
N83043	LONGVIEW MEDICAL CENTRE
N83047	TARBOCK MEDICAL CENTRE
N83055	TRENTHAM MEDICAL CENTRE
N83601	THE MACMILLAN SURGERY
N83603	PRESCOT MEDICAL CENTRE
N83605	HOLLIES MEDICAL CENTRE
N83608	DR MAASSARANI & PARTNERS
N83609	CEDAR CROSS MEDICAL CENTRE
N83610	COLBY MEDICAL CENTRE
N83619	ROBY MEDICAL CENTRE
N83621	HILLSIDE HOUSE SURGERY
N83622	PRIMROSE MEDICAL PRACTICE

N83633 NUTGROVE VILLA SURGERY

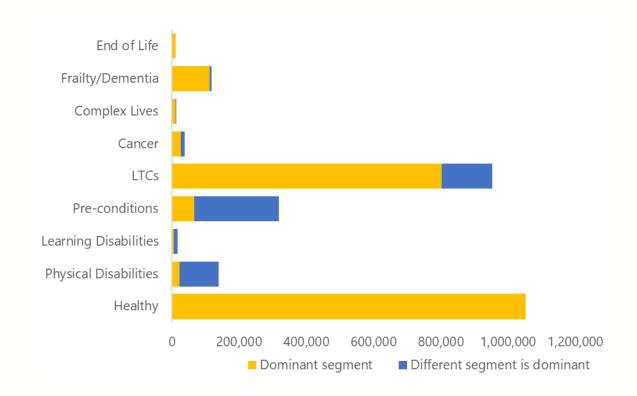
Practices without a signed Data Sharing Agreement

None

All Segments

Segmentation methodology comprises nine different segments. Individuals may belong to one segment or more, excepting the healthy group who by definition belong to that group alone. Where individuals belong to more than one segment it is possible to assign a dominant segment but in this analysis all people in Complex Lives are included, whether this is their dominant segment or not.

For the population (based on signed DSAs) the number of people in each segment is shown and is split by whether this is the dominant segment or not.



How are the Complex Lives segment defined

People are defined as belonging to the Complex Lives if they have:



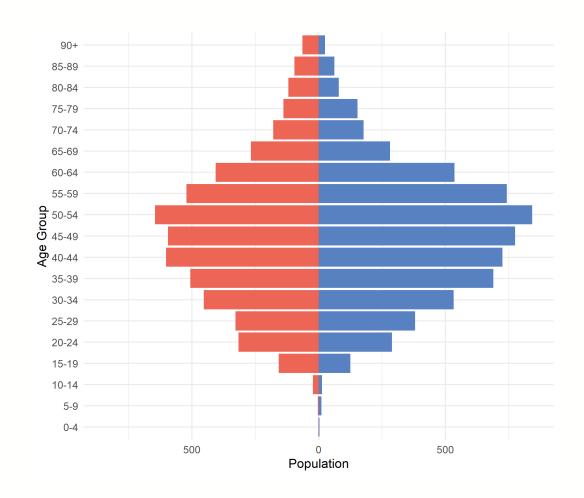
In Cheshire & Merseyside ICS 11,857 individuals (0.6% of the population) were identified as belonging to the Complex Lives segment. In this pack we describe the characteristics of people in this segment, before moving on to describe their other healthcare issues and how they use services.

Through existing data it is only possible to detect small amounts of those who have disclosed domestic abuse or who have a history of being looked after.

Patient Characteristics – Age and Gender

For the Complex Lives segment the mean average age of these patients is 48 (interquartile range from 36 to 58).

Gender splits within the segment are 54% male and 46% female.

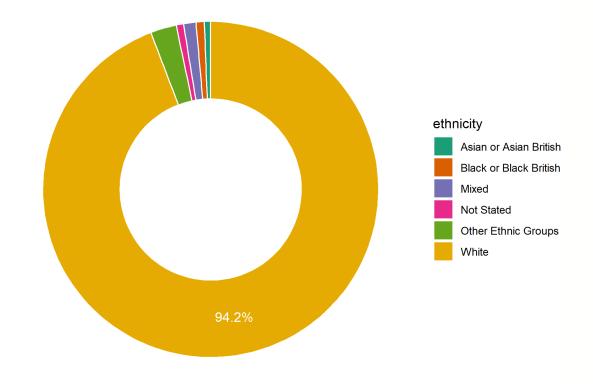


Patient Characteristics - Ethnicity

94% of people in the Complex Lives segment class their ethnicity as White.

The remaining 6% class themselves as one of the ethnic minority groups.

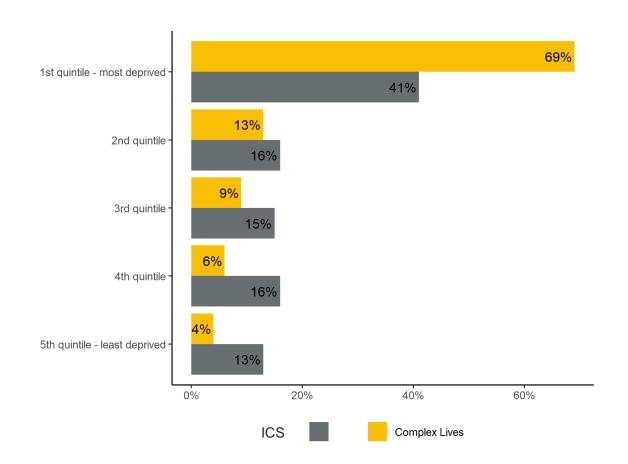
A small number did not state their ethnicity.



Patient Characteristics - Deprivation

Those with Complex Lives are more likely to reside in areas of higher deprivation. 69% of the segment live in the most deprived quintile.

Proportionately, this is 1.7 times the share of the CCG population living in the most deprived quintile.



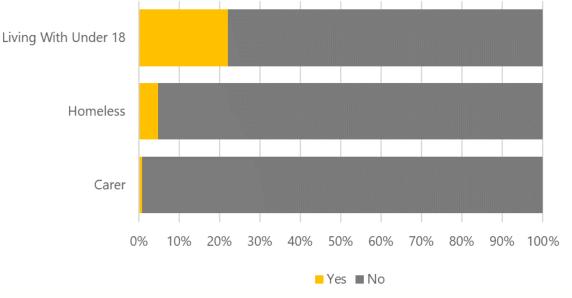
Patient Characteristics - Living Arrangements

Those in the Complex Lives segment are found to be living with, on average, 1.6 other people. Therefore, beyond the Complex Lives individuals already identified, an additional estimated 18,473 people are also affected by Complex Lives. A number of these will be children.

For the Complex Lives segment 2,424 people (22%) are identified as living in a household with someone under 18.

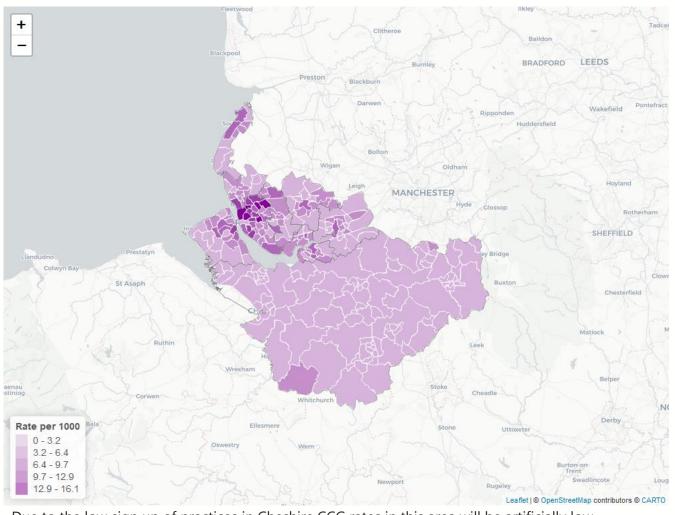
5% of the segment have experienced homelessness in the last 2 years and 1% have caring responsibilities.

44 people were found with a status of asylum seeker.



Patient Characteristics - Geography

The map shows, for wards within the ICS, The rate of Complex Lives individuals per 1,000 population.



Areas with some of the highest density for Complex Lives are:

- Norris Green (Liverpool)
- Everton (Liverpool)
- Kirkdale (Liverpool)

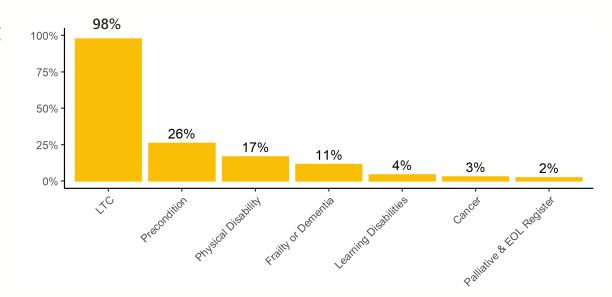
Due to the low sign up of practices in Cheshire CCG rates in this area will be artificially low.

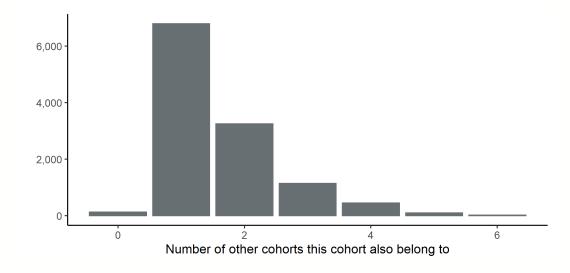
Health Care Conditions - Other segments

Those in the Complex Lives segment also fall into other, sometimes multiple other, segments.

By considering individual segments it can be seen that a significant number in Complex Lives are also living with a Long term condition.

On average, those in the segment fall into an additional 1.6 segments.



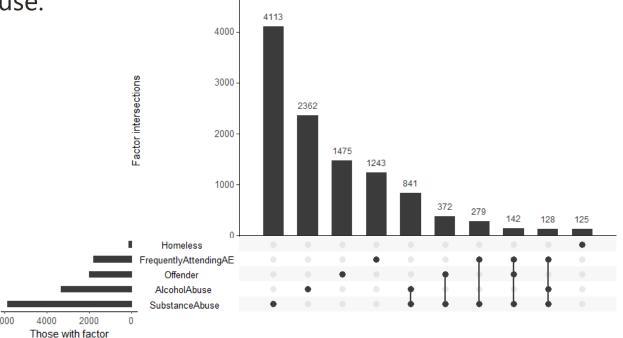


Patient Characteristics - Factors

The definition for a individual to be assigned to the Complex Lives segment relates to certain factors about that person. For those in the Complex Lives segment the

largest factor is substance abuse.

The 'Those with factor' bars represent all those in the segment with those factors. The 'Factor intersection' represents the combination of factors and the number of individuals with those combinations.

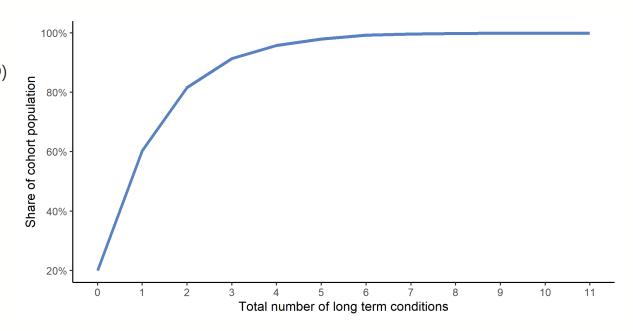


Although not a factor in assigning individuals to Complex Lives, there was interest in identifying those at risk of self harm. 5% of those in the segment were identified as being at risk of self harm. Compared to 0.2% in the total population.

Health Care Conditions of Interest

Complex Lives individuals will have a range of long term health issues. Specific long term conditions investigated here are:

- Asthma
- Chronic liver disease (CLD)
- Hypertension
- Chronic Obstructive Pulmonary Disease (COPD)
- Diabetes
- Epilepsy
- Coronary Vascular Disease (CVD)
- Chronic kidney disease (CKD)
- Stroke or Transient ischaemic attack (TIA)
- Gastroenterology conditions
- Atrial Fibrillation
- Heart Failure



On average, each individual in this segment has 1.6 of the specified long term health conditions. Nearly a fifth of the segment do not have one of the LTCs at all.

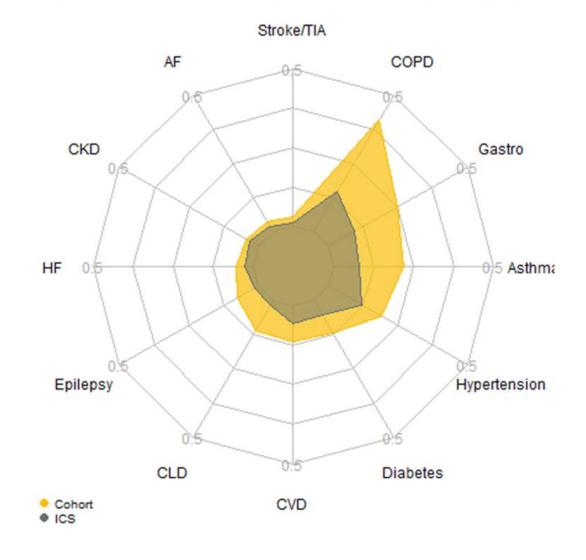
The Long Term Condition segment is defined with more extensive list of conditions.

Health Care Conditions - LTCs in the Population

For the specified long term conditions a comparison of prevalence rates is made between those in the Complex Lives segment and the total population (aged 15+). This indicates the scale of the difference in these disease areas between the segment and the total population.

The scale shows the rate per person so 0.5 represents prevalence of 50% of people.

Proportion of LTC prevalence in cohort compared to overall ICS population



Health and Care Use – A&E Services

Those in the Complex Lives segment attend A&E services on average **2.9** times per person, per year. This is much higher than the total population who attend A&E services **0.4** times per person, per year. Emergency Departments are the most used A&E service and also the service where there is the greatest disparity in use between segment and total population. In a year **61%** of people in the Complex Lives segment attend an A&E service. For the total population the same figure is **22%**.

When attending A&E services the average cost per attendance is £153 for those in the Complex Lives segment. This is 10% higher than the average cost per attendance for the total population.

Where a clinical reason for attending A&E has been recorded this identifies that for the Complex Lives segment common reasons for attending A&E relate to *Trauma / musculoskeletal* or *Psychosocial / Behaviour change* problems.

Health and Care Use – Emergency Admissions

On average those in the Complex Lives segment have **1.1** emergency admissions per person, per year. This is again much higher than the total population who have on average **0.1** emergency admissions per year.

40% of people in Complex Lives segment have an emergency admission in a year. For the total population the same figure is lower at **7%**.

The average emergency admission cost is £2,152 for Complex Lives compared to £2,141 for the total population.

When those in the Complex Lives segment are admitted as an emergency common reasons for admission relate to *Poisoning Toxic Effects Special Examinations Screening and Other Healthcare Contacts* and *Treatment of Mental Health Patients by Non-Mental Health Service Providers*.

Health and Care Use – Planned Care

Those in the Complex Lives segment use more planned admissions, both as electives and as daycases, on average per person, per year. They also use more outpatient attendances.

In a year **15%** of people in Complex Lives segment have a planned admission. For the total population the same figure is **7%**. For outpatient attendances **63%** of those in the Complex Lives segment attended at least one outpatient appointment in a year compared to **35%** for the total population.

For elective planned care the Complex Lives segment are often admitted with a reason of *Orthopaedic Non-Trauma Procedures*. In daycase admissions their main reason for admission is related to *Digestive System Endoscopic Procedures*. For outpatients their most common clinical specialty is *Gastroenterology* (first attendances) and also *Gastroenterology* (follow-up attendances).

Planned admissions are elective admissions with an overnight stay. Daycase admissions are planned admissions with admission and discharge on the same day. Regular Attenders are excluded from this analysis due to inconsistent coding. Cost information is derived from 21/22 national prices. Activity without a national price is excluded when calculating average costs.

Health and Care Use – Mental Health

On average those in the Complex Lives segment have **7.7** mental health contacts per person, per year. This is much higher than the total population who on average have **0.3** contacts with mental health services per year.

53% of people in the Complex Lives segment have an contact with mental health services in a year. For the total population the same figure is only **4%**.

When those in the Complex Lives segment are in contact with mental health this most commonly involves contacts with *Community Mental Health Team – Functional* or *Crisis Resolution Team/Home Treatment Service* teams.

Health and Care Use – Community Services

On average those in the Complex Lives segment have **7.2** contacts with community services per person, per year. This is higher than the total population who, on the same basis, have **1.7**.

30% of people in the Complex Lives segment are in contact with community services in a year. For the total population the figure is **21%**.

The most used community service for the Complex Lives segment is *District Nursing Service*.

Community contacts are usually counted where the attended flag indicates a patient attended/was seen. However, for Bridgewater Community Healthcare Trust the attendance flag is not available. Therefore, for this Trust all appointments are counted as contacts. This may artificially inflate community contacts for CCGs with patients at this Trust. No cost information is available for community services data.

Health and Care Use – Social Care

From available data there were on average **0.15** of the Complex Lives segment known to social services in the last year. More than the total population where the same figure is **0.02**. However, social services data should be viewed as indicative and treated with caution. A recent review of the data indicated concerns with the data and further work is already underway to improve the consistency and quality of social care data.

Social services data includes information collected by councils and does not include services purchased directly by patients or provided by the voluntary sector.

Health and Care Use – Summary Tables

		ctivity per person, per year	Ratio between average activity for cohort compared to the total population	Averag	e activity cost	Difference in average cost for cohort compared to the total population	•	ople accessing service
A&E Attendance	Cohort	Total Population		Cohort	Total Population		Cohort	Total Population
Emergency Department	2.7	0.3	9.1	£158	£155	2%	60%	19%
MIU/Other	0.2	0.1	2.4	£79	£79	0%	9%	5%
Walk In Centre	0.006	0.003	1.8	-	-	-	0.4%	0.3%
Total: A&E Attendance	2.9	0.4	7.7	£153	£139	10%	61%	22%
Emergency Admission	1.1	0.1	10.8	£2,152	£2,141	1%	40%	7%
Planned Inpatient Care								
Daycase	0.2	0.1	2.1	£741	£789	-6%	13%	6%
Elective	0.0	0.0	3.0	£3,803	£4,413	-14%	4%	1%
Total: Planned Inpatient Admission	0.3	0.1	2.2	£1,191	£1,261	-6%	15%	7%
Outpatient Attendances								
First	1.3	0.4	3.0	£191	£178	7%	49%	24%
Follow-up	2.5	1.2	2.2	£99	£104	-5%	50%	28%
Total: Outpatient Attendances	3.8	1.6	2.4	£139	£128	9%	63%	35%
Mental Health Contact	7.7	0.3	22.0	-	-	-	53%	4%
Community Contact	7.2	1.7	4.1	-	-	-	30%	21%
Social Services (known to)	0.15	0.02	6.6	-	-	-	15%	2%

Primary Care Prescribing

From the prescribing data available for primary care the top 10 drugs types prescribed to those in the Complex Lives segment are:

Selective Serotonin Re-Uptake Inhibitors

Proton pump inhibitors

Other antidepressant drugs

Single Substances

Control Of Epilepsy

Corticosteroids (Respiratory)

Compound bronchodilator preparations

Non-Opioid Analgesics And Compound Prep

Beta-Adrenoceptor Blocking Drugs

Broad-spectrum penicillins

Technical note

Alongside the excluded practices (see appendix 1) patients who opted out of their data being available for analysis purposes are also excluded. So are any patients whose NHS Number is blank. Also excluded are a small number of patients marked as deceased.

An exact date of birth is not accessible, only year and month of birth is available. When calculating the age of patient all dates of birth are therefore estimated as the 15th day of a calendar month.

Primary care data is used as the main basis for identifying patients and their segments. Primary care from April 2014 to date was the underlying source of this analysis.

Individual	System P role	Role outside of the programme
Professor Joe Rafferty CBE	Executive Sponsor	Chief Executive Mersey Care NHS Foundation Trust
Dr Louise Edwards	Senior Responsible Officer	Executive Director of Strategy, Mersey Care
Andrea Astbury	Programme Director	Deputy Director of Strategy, NHS Liverpool CCG
Wes Baker	Strategic Analytics	Director of Strategic Analytics, Economics and Population Health Management, Mersey Care
Shahina Rashid	Project Support	Project Support, Midlands & Lancashire Commissioning Support Unit
Helen Bennett	Senior Advisor	Deputy Director of Strategic Planning & Intelligence, Mersey Care
Helen Duckworth	Intelligence Infrastructure	Associate Director of Business Intelligence C&M, Programme Director for CIPHA
Professor Ben Barr	Data Science & Analytics	Professor in Applied Public Health Research, Institute of Population Health, University of Liverpool